

## CLAIMS

What is claimed is:

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- 5 1. A headrest for supporting a person's head, said headrest comprising:  
at least a first wing member adapted to abuttingly engage at least a first side portion  
of the head;  
a back member adapted to abutably engage at least a back portion of the head; and  
at least a first hinge for interconnecting said first wing member to first end portion  
of said back member, wherein said first wing member is pivotable relative to said back  
member.
- 10 2. A headrest, as claimed in Claim 1, further comprising:  
an interconnecting member for releasably interconnecting said back member to a seat  
adapted to support the person.
- 15 3. A headrest, as claimed in Claim 1, further comprising:  
at least a first stem interconnectable to said back member, said first stem adapted to  
releasably engage a seat adapted to support the person.
- 20 4. A headrest, as claimed in Claim 3, wherein at least said first stem includes at  
least first and second vertical adjustment portions for releasably engaging a first vertical stop  
member of the seat, wherein said back member is vertically adjustable relative to the seat at  
least first and second vertical positions.
- 25 5. A headrest, as claimed in Claim 1, further comprising:  
a first strap for interconnecting said back member to a head support portion of a seat  
adapted to support the person.
6. A headrest, as claimed in Claim 1, further comprising:  
at least a first cushion member for covering at least one of said back member and said  
first wing member.
7. A headrest, as claimed in Claim 1, wherein at least said first hinge includes  
a pivot adjustment member for releasably maintaining said first wing member at at least a  
first of a plurality of pivot positions relative to said back member.
8. A headrest, as claimed in Claim 1, further comprising a second wing member  
interconnectable to said back member via a second hinge member, wherein said first and  
second hinges include first and second pivot adjustment members, respectively, for releasably  
holding said first and second hinges in at least one of a plurality of pivot positions relative  
to said back member, wherein said first wing member is pivotable independent of said second  
wing member.
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9. A headrest, as claimed in Claim 1, wherein at least said first wing member is abuttingly engagable with one of front and back walls of said back member.

5 10. A headrest, as claimed in Claim 1, wherein at least said first wing member is pivotable relative to said back member between first and second stop pivot positions, wherein at said first stop pivot position a first surface of said first wing member is angled 70 degrees or less relative to said back member.

10 11. A headrest, as claimed in Claim 1, wherein said first hinge comprises a first unbalanced hinge, wherein a first torque for moving said first hinge in a first direction is greater than a second torque for moving said first hinge in a second direction.

12. A headrest, as claimed in Claim 1, further comprising a second wing member interconnectable to said back member via a second hinge member, wherein said first and second hinges define first and second hinge axes, respectively, said first hinge axis being noncoplanar with said second hinge axis.

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13. A portable headrest releasably interconnected to a seat, said portable headrest comprising:

a back member for supportably engaging at least a back portion of a person's head;  
first and second wing members for supportably engaging first and second side portions, respectively, of the person's head, wherein said first and second wing members are one of pivotally interconnected and integrally formed to first and second end portions of said back member, respectively; and  
a first interconnecting member for attaching said back member to the seat.

14. A portable headrest, as claimed in Claim 13, wherein said first interconnecting member comprises a strap having first and second end portions, said first and second end portions being interconnectable to one of an intermediate portion extending between said first and second end portions, each other and the seat headrest to releasably secure said portable headrest to the seat.

15. A portable headrest, as claimed in Claim 14, wherein said intermediate portion is receivable within a first channel, said first channel being one of integrally formed with and interconnected to said back member.

16. A portable headrest, as claimed in Claim 13, wherein said first interconnecting member comprises a first stem releasably securable to a back support member of the seat.

17. A portable headrest, as claimed in Claim 13, further comprising:  
first and second hinge members for pivotally interconnecting said first and second wing members, respectively, to said back member.

18. A portable headrest, as claimed in Claim 17, wherein at least said first hinge member comprises a first unbalanced hinge requiring first and second torques to move said first wing member in first and second directions, respectively, relative to said back member.

19. A portable headrest, as claimed in Claim 18, wherein said first torque for moving said first wing member in said first direction is greater than said second torque for moving said first wing member in said second direction.

20. A portable headrest, as claimed in Claim 19, wherein said first and second directions correspond to at least said first wing member being in unfolded and folded configurations, respectively.

21. A portable headrest, as claimed in Claim 17, wherein said interconnecting member comprises a first strap and a second strap, said first strap being loopable through first and second slots of said back member, said first and second slots being located proximate

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said first and second hinges, wherein said second strap is loopable through a third slot located in an upper portion of said back member.

<sup>16</sup>22. A portable headrest, as claimed in Claim <sup>11</sup>13, further comprising:

a retraction system for retracting said first and second wing members, said retraction system comprising at least a first sensor adapted to sense at least one of acceleration and deceleration.

<sup>12</sup>23. A portable headrest, as claimed in Claim <sup>11</sup>13, wherein said first and second wing members are each movable to at least one of first and second orientations, said first orientation corresponding to the first and second wing members being substantially coplanar with said back member, said second orientation corresponding to said first wing member being in abutting relation to said back member and said second wing member being in abutting relation to said first wing member.

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5 first and second pivot members for pivotally interconnecting said first and second wing members to said back member, respectively, said first and second pivot members located on said first and second side walls of said back member;

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~~28~~. A headrest, as claimed in Claim <sup>18</sup>~~24~~, wherein said headrest is integrally formed with a seat.

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